

All Grid references taken from 1:25000 series OS map "The Mournes"

Route Planner

Mountain – Hen, Cock & Miskin

Distance – 5km

Approx time – 2hrs

Difficulty – Easy

Max Height – 505m (cock Mtn)



View looking down on Hen Mtn

Start Point

Track at **Grid 248,285**

Description – From Hilltown follow road up towards Spelga Dam, just before you reach a left hand bend at the end of a long straight section of road, there is a small gated farm track on the right had side. You should be able to park on this track without obstructing the gate.

The Route

